



## **Policy on Smoking and Related Matters**

CHARTERHOUSE



## OVERVIEW STATEMENT

*The School Rules state, 'You must not smoke.' In the interests of health and safety, and through education, treatment and sanction, Charterhouse strives to discourage smoking. The use of snus, chewing tobacco, shisha and electronic cigarettes are governed by the same rules as conventional cigarettes.*

## EDUCATION

Smoking is discouraged as part of our PSHE programme. In addition to year group presentations, there are small group sessions at House level. These sessions are taken by DRED UK and are informal and confidential. The sessions focus on smoking and drugs, and target pupils who have been caught smoking.

Charterhouse teaches that the use of shisha pens, electronic cigarettes et al is a pathway to tobacco dependency. In 2014, the Smoking, Drinking & Drug Use survey included questions on children's knowledge of, and use of electronic cigarettes. In common with other surveys, this survey found the regular use of e-cigarettes to be negligible (1%) and use to be strongly linked to smoking behaviour: 89% of regular smokers reported having tried e-cigarettes compared to only 11% of children who had never smoked.

To combat smoking, alcohol and drugs we are working with parents and informing them about the availability and dangers of these substances. Parents of pupils are invited to attend talks which cover smoking, alcohol, drug abuse and the social pressures which lead to experimentation and habit-formation. These Quarterly talks are being filmed from February 2016 and made available to parents not able to attend in person.

## TREATMENT

Pupils who wish to give up smoking have previously seen the School Doctor in the Hunt Health Centre to receive support and treatment. The School Doctor will continue to do this.

In addition, there are 'Smoking Cessation Clinics'. These clinics are for pupils who either wish to give up smoking or who are required to attend as a sanction. These sessions take place in the Hunt Health Centre and are delivered by the School's Cessation Nurse, Caroline Parkinson, who has specialist training in smoking cessation. A session lasts approximately one hour and sessions take place monthly.



## **SANCTIONS**

### **Smoking or vaping out of House/ Caught Out of Bounds/ In the Company of Smokers**

#### ***First or Second Offence in a Quarter***

- 1.5 hours' extra labour
- The Housemaster is informed and writes to parents.
- Attendance at the Smoking Cessation Clinic is compulsory.

N.B. If caught smoking outside School Grounds – as above and, in addition, one-week gating.

#### ***Third Offence in a Quarter***

- School Punishment
- The Deputy Headmaster (Pastoral) will write to parents.
- Attendance at the smoking cessation clinic will continue.

#### ***More than three Offences in a Quarter***

- Behaviour review
- The Second Master will write to parents requesting a meeting to discuss their son's/daughter's future at school.

### **Smoking in House**

This is regarded as a very serious offence, partly because of the lack of regard to School Rules but especially because of the influence upon others and the danger of fire.

1. 'In House' is defined by the Housemaster.
2. A pupil caught smoking in House is likely to be suspended.

### **Supplying**

Supplying or selling tobacco to others is likely to lead to suspension.

### **Purchase**

The Children and Families Act (2014) raised the legal age for buying cigarettes/tobacco from 16 to 18. It is an offence to purchase by proxy for a minor. A pupil caught buying cigarettes is likely to be suspended.



## POLICY ON SMOKING AND RELATED MATTERS

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### CHARTERHOUSE

#### **Possession**

A pupil caught in possession of a significant number of cigarettes is likely to be suspended.

#### ***Chewing Tobacco, Shisha and Electronic Cigarettes***

If a pupil is caught using chewing tobacco, taking snus, or using shisha or electronic cigarettes or is in possession of chewing tobacco or shisha or electronic cigarettes in House he or she will receive School Punishment. A second offence is likely to lead to suspension.

#### **SCHOOL RULE**

You must not smoke. A pupil caught buying tobacco or caught in possession of a significant amount of tobacco is likely to be suspended. A pupil caught supplying or selling tobacco to others is likely to be suspended. A pupil caught smoking in house is likely to be suspended. A pupil caught smoking repeatedly or caught out of bounds repeatedly will go on Behaviour Review.